



Name: _____, _____

Date: __/__/__

Biofeedback Emotional Cleanse and Release Program includes 69 items. The ones typed in **blue** are the frequencies that resonated with you, and were ran for 30 minutes of harmonization.

You will also receive a 10 minute audio file snippet of your tunes. Feel free to listen to them up to 30 minutes per day. Make sure you drink a glass of water before and after listening to these frequencies. These tunes are only effective for 7 days. After that, they will no longer resonate and be beneficial for your body, since you have changed and you require a new set of tunes that resonates with the new you!

Biofeedback Emotional Cleanse and Release Program

with 69 Frequency Items

- Anger cleanse
- Any physical residue caused by emotion is released
- Bitterness turns to sweetness
- Bottled up emotions find positive release
- Cells release false emotions and are filled with light
- Cellular imprints of anger release
- Cellular imprints of resentment release
- Complete forgiveness of self
- Dissolve anxiety
- Easily release pent up emotions
- Embrace hopefulness
- Emotional purge combined with courage and resilience
- Experience Calming 6000 Hz
- Fearlessness in embracing emotions
- Feeling soothing and calming from within
- Forgive past actions of others
- Frustration releases now
- Gain emotional balance 727 Hz 787 Hz 880 Hz 1000 Hz
- I acknowledge grief and sad feelings and release them
- I can breathe and positively release pent up emotions
- I can transform frustration into positive energy
- I choose to move beyond pity and experience my power



Got Questions?

Feel free to contact us at:

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I embrace truthfulness with courage
 I feel relief from emotional release
 I forgive my father
 I forgive my mother
 I forgive myself
 I let go of frustration
 I let go of the need to get even
 I move beyond my depression by allowing emotions to release
 I now see the truth and forgive the illusion
 I now speak out and release resentment about being suppressed
 I purge rage and anger from my cells and experience my truth
 I release emotional residue from cells and become more healthy and clear
 I release hatred
 I release shame and embrace love for myself
 I release the fear that keeps me stubborn
 I release the need to be aggressive knowing I am protected and strong
 I release the need to struggle
 I take responsibility for my emotions
 I take responsibility for myself
 Jealousy is illusion
 Know illusion of arrogance and release
 Let go of anguish
 Let go of argumentativeness
 Let go of emotional connections to illness
 Let go of feelings of jealousy
 Let go of hostility
 Let go of illusion of abandonment
 My cells release anger
 My cells release bitterness
 My cells release fear

My physical aches connected to emotions now release as I purge my emotions
 Past childhood hurts easily release
 Physical buildup from stuck emotions now releases
 Physical spaces in the body become more healthy as emotions release '
 Pierce through illusion
 Purge rage
 Realize the illusion and let go
 Release anger
 Release anger from liver
 Release frustration from stomach
 Release loneliness
 Release resentment
 Releasing emotions is safe
 releasing past sorrow
 Stagnation releases as emotions move
 These fears are truly unfounded



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