



Name: _____, _____

Date: __/__/__

Biofeedback Stress Release and Deep Relaxation Program includes 64 items. The ones typed in **blue** are the frequencies that resonated with you, and were ran for 30 minutes of harmonization.

You will also receive a 10 minute audio file snippet of your tunes. Feel free to listen to them up to 30 minutes per day. Make sure you drink a glass of water before and after listening to these frequencies. These tunes are only effective for 7 days. After that, they will no longer resonate and be beneficial for your body, since you have changed and you require a new set of tunes that resonates with the new you!

Biofeedback Stress Release and Deep Relaxation Program

with 64 Frequency Items

- | | |
|--|---|
| <input type="checkbox"/> 5 HTP Tryptophan | <input type="checkbox"/> Gelsemium Semperviens 12X |
| <input type="checkbox"/> All situations are working out for the best | <input type="checkbox"/> Glutathione |
| <input type="checkbox"/> Amygdala | <input type="checkbox"/> Humulus Lupulus Hops |
| <input type="checkbox"/> Bach Rescue Remedy | <input type="checkbox"/> Hydroxycobalamin |
| <input type="checkbox"/> Benfotiamine | <input type="checkbox"/> Hypothalamus 9C |
| <input type="checkbox"/> Calming 6000Hz | <input type="checkbox"/> I am divinely cared for at all times |
| <input type="checkbox"/> Calming and soothing 19. Hz 3.9 Hz 5.2 Hz | <input type="checkbox"/> I am safe in the world |
| <input type="checkbox"/> CBD Oil | <input type="checkbox"/> Joyful 1126 Hz 1927 Hz 3127 Hz |
| <input type="checkbox"/> Clear mental exhaustion 4 Hz | <input type="checkbox"/> Jujube |
| <input type="checkbox"/> Clear Trauma 15 Hz | <input type="checkbox"/> Kava Kava |
| <input type="checkbox"/> Corpus callosum | <input type="checkbox"/> L- Glutamine |
| <input type="checkbox"/> Deeply relax and feel safe | |
| <input type="checkbox"/> Dopamine | |
| <input type="checkbox"/> Eleuthro root | |
| <input type="checkbox"/> Emotional Balance | |
| <input type="checkbox"/> Enhanced comfort and security | |
| <input type="checkbox"/> Epinephrine | |
| <input type="checkbox"/> Fig Tree 1 DH | |
| <input type="checkbox"/> Folinic Acid | |

Got Questions?

Feel free to contact us at:

hi@gutcanbehappy.com

1-480-878-3663



- L-Theanine
- L-Tryptophan
- Lavender Essential Oil
- Lavender Flower
- Lemon Balm
- Liliium tigrinum 30X
- Limbic system
- Lime Tree 1 DH
- Lithium Orotate
- Magnesium Glycinate
- Magnesium Taurate
- Magnolia Bark
- Methylcobalamin
- Methylfolate
- Mood Lifter 10 Hz 40 Hz 528 Hz
- N-Acetyl Cysteine
- Natrum Muriaticum 4X
- Nervous system optimization 764 Hz
- Nervous system repair and strengthen 2 Hz 578 Hz 657 Hz
- Niacin
- Norepinephrine
- Passionflower
- Phosphorylated Serine
- Relaxation 8 Hz
- Reliance on inner strength
- Rosemary
- Schisandra berry
- Serotonin
- Serotonin optimized 2.5 Hz 10 Hz 80 Hz
- Silver Birch 1 DH
- Situation resolving with perfect outcome
- Stress Resilience Increase 7.83 Hz
- Valerian Root
- Vitamin C



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