



Name: _____, _____

Date: __/__/__

Biofeedback Bliss of Union Activation Program includes 4 different frequency panels. The ones typed in **blue** are the frequencies that resonated with you, and were ran for 30 minutes of harmonization.

You will also receive a 10 minute audio file snippet of your tunes. Feel free to listen to them up to 30 minutes per day. Make sure you drink a glass of water before and after listening to these frequencies. These tunes are only effective for 7 days. After that, they will no longer resonate and be beneficial for your body, since you have changed and you require a new set of tunes that resonates with the new you!

Biofeedback Bliss of Union Activation Program

Program 1- Personal Clearing

Clear past hurts

I allow myself to be loved in a healthy and whole way

I am able to be authentic

I am able to communicate my needs

I am complete in myself and open to a union

I am in full acceptance

I am in the present moment

I am ready to reconnect

I am willing to be honest with a partner

I am willing to now have healthy boundaries

I am willing to tell the truth to myself

I become ready to be in a healthy relationship with ease

I break the pattern of the past

I clear resentments against my present or past partner

I completely clear the past

I completely forgive people for past mistakes

I do not need to fear others

I experience unconditional love for myself

I forgive myself

I forgive others

I forgive others for deceiving me in the past

I have faith in the universe to match me with my partner in way that is whole and complete

I let go of childhood wounds completely so I can be present in the moment

I let go of my resentment

I now ease into healthy and honest communication

I take responsibility to communicate my needs clearly

Got Questions?

Feel free to contact us at:

hi@gutcanbehappy.com

1-480-878-3663



I thrive in relationship while keeping myself healthy and whole

Program 2- Clear Childhood Wounds

Balance Dopamine

Balance norepinephrine

Balance oxytocin

Harmonize amygdala

Harmonize hippocampus

Harmonize Limbic System

I allow joyful connection and release the past wounds

I allow myself to be human and others to be human and real

I allow myself to now be loved for who I truly am

I allowed myself to be loved for who I truly am

I am able to make healthy commitments and keep them

I consciously remove toxic cords that I have created with other people

I create in present time the ability to have a healthy relationship

I forgive my partner

I let go and clear childhood wounds that are affecting my relationships

I let go of childhood wounds that took place between 1 and 3 years old

I let go of childhood wounds that took place between 12 and 15 years old

I let go of childhood wounds that took place between 4 and 7 years old

I let go of childhood wounds that took place between 8 and 11 years old

I now allow true intimacy in my life knowing it is safe and I am protected

I now experience it is safe to be vulnerable even though at one time it was not safe to be vulnerable

I offer unconditional love knowing that nothing can be taken from me

I release PFSD post family stress disorder and bring new energies in order to thrive in love

I release the abandonment of my childhood

I release the abandonment that I experienced in my childhood

I release the pain of loss I experienced as a child

I see my charged criticism about others as my projections and I own them

I see my charged feelings about others as my projections and I own them

I speak my truth now with ease and I am safe

I take responsibility for my feelings

Integrate pain of separation and realize it is illusion

Limbic system alignment and wound release

Rebirth the experience of original connecting and completely renew this experience

Release clinging behavior and heal the wound of neglect

Toxic cords from past persons in relationships are now removed, cleared and harmonized

Toxic energies from past people in relationships are now leaving my body

Toxic energies from past people in relationships patterns are now leaving my body

Program 3- Manifestation

Allowing perfect timing to rule

Building a healthy relationship is worth any and all effort

Coming together with a like-minded person

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Drawing boundaries and fostering respect is important
Experiencing respect within myself and attracting that with a love
Having a healthy and loving relationship is just a normal part of life
Honest communication is one of my natural strengths
I accept that I am infinitely loved
I accept that I am ultimately infinitely loved
I affirm that I am treasured and accepted for all that I am
I am able to accept love in my life
I am able to communicate clearly
I am allowing love in my life
I am connecting now with the partner of my dreams
I am constantly striving to grow the love between my partner and myself
I am finding lasting love and accepting it on every level
I am loving laughing and enjoying being in a relationship
I am now in alignment and experiencing myself as a match for the love that I want in my life
I am open to what my partner has to say to me
I attract relationships to me that are for the highest good of all
I choose to surround myself with positivity
I do everything possible to nurture the love I have for my partner
I easily draw someone into my life with similar values
I easily magnetize a person that matches my values
I find that person who is attractive to me and I am equally attracted to them. There is balance.
I let go of all ideas of a relationship needing to be perfect
I listen to my partner
I release the fear around a lasting love in my life
Improving qualities within myself that are important for a healthy, nourishing relationship
Making space for the perfect partner
Sharing wonderful conversations with my partner is a positive experience for me
Thriving and enjoying a relationship with complete ease

Program 4- Union and Harmony

Acetylcholine
Amygdala
Brain 315.80 Hz
Brain Cell Energize
Brain Frontal Lobe 6.5 Hz
Building a relationship is worth any and all effort
Cortisol
Dopamine
Epinephrine
Heart Chakra 256 Hz
Hippocampus
Honest communication becomes one of my natural strengths
Hypothalamus balance 15.42
I am able to communicate clearly
I am constantly striving to grow the love between my partner and myself
I am fully present in a relationship
I am ready to be happy in a relationship

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I am ready to have fun in a relationship
I cherish my partner and my partner cherishes me
I embrace commitment
I enjoy being in a relationship that is perfectly imperfect
I enjoy being in the moment in the process of being consciously in a relationship
I experience wonderful harmony in a relationship
I explore criticism of my partner as possibly criticisms of myself
I gather all resources to live in a relationship in a positive way
I own my feelings and express them with kindness and love
I participate in conscious partnership
I take responsibility for a conscious partnership
I will express my wants and needs clearly
I willingly participate in a relationship as an adult
Kundalini Expand 55 Hz
Nerve Inflammation 727 Hz
Nervous System
Norepinephrine
Rescue remedy
Serotonin
Temporal Lobe
White Angelica Essential Oil
Whole-brain interconnectedness

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